



**QUEEN'S
UNIVERSITY
BELFAST**

Ready steady Go

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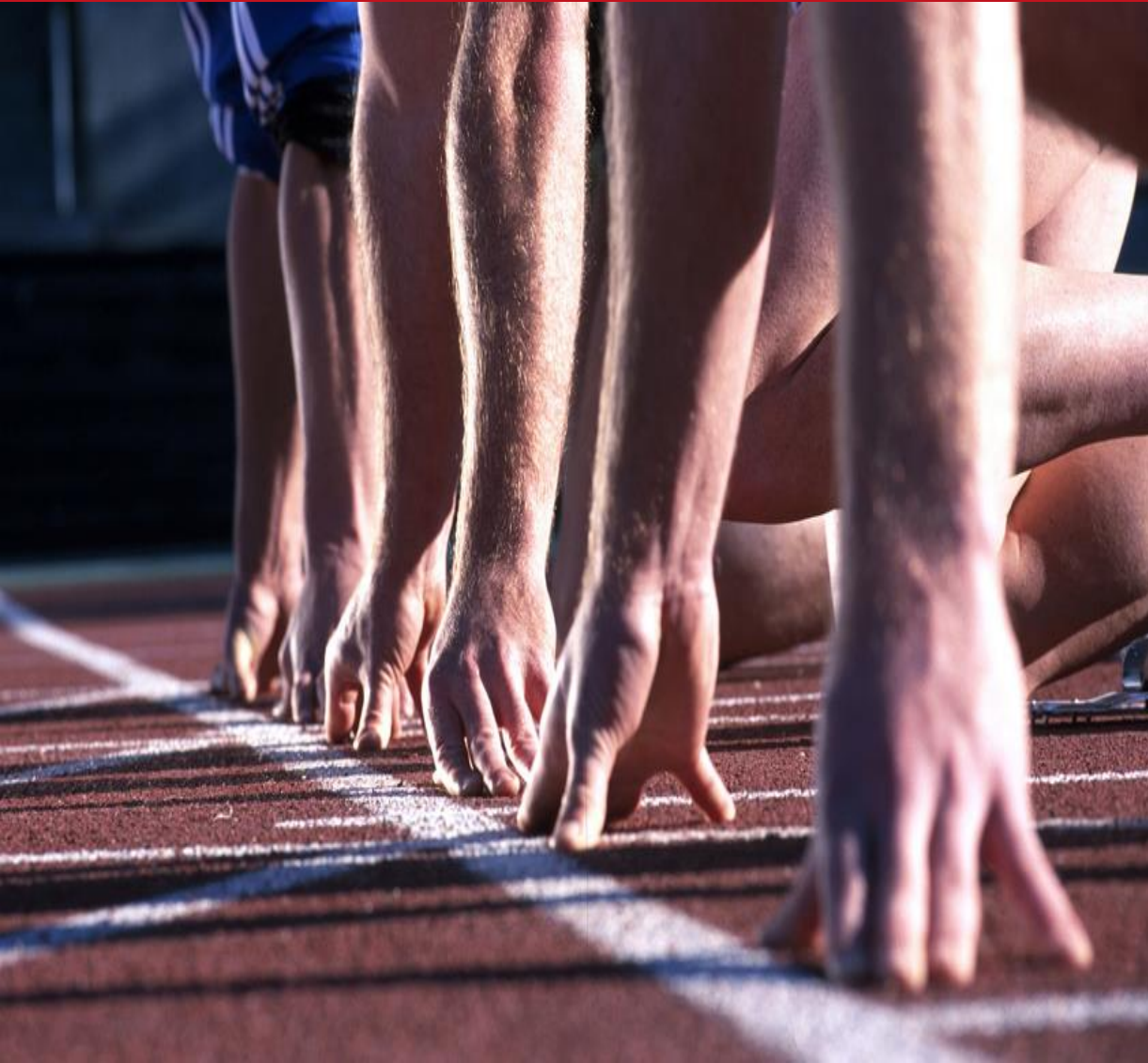
Ready, steady, go.....

CONGRATULATIONS



Congratulations on successful completion of your midwifery course. We are sure this has been an intense time of learning and development for you and wish you a long and stimulating career in midwifery.

Ready, steady, go.
on the completion of Midwifery course....



Ready

Ready, steady, go.....

Over the last 3 years/ 18 months you have studied and worked hard to complete your midwifery course. During that time you have been imparted the knowledge and developed the skills you will require to become an autonomous and professional midwife

Ready...

TASK

- Make a note of what it now means for you to be a midwife
- Write down 5 key characteristics of a professional- remember those role models you most admired?- what skills/ attributes did they have you would like to replicate?
- Think and make a note of what the term 'autonomous' now means to you
- Read the article: Wade, G (1999) 'Professional nurse autonomy: concept analysis and application to nursing education.'

Journal of Advanced Nursing. 30:2 pp 310-318

And apply the concept to midwifery

The Midwives Rules and Standards (NMC, 2012)

Be sure before you start that you have an up-to-date copy of the Midwives Rules and Standards (NMC 2012) and **have read and understood it.**



Ready, steady, go.....



Steady...



Queen's University
Be fast

But this is only the beginning.....

Newly qualified



registrant

Autonomy



Knowledge



Supervision of Midwifery



Your autonomy and knowledge will continue to develop over the rest of your career and your statutory requirement to have a supervisor of midwives begins now.

AUTONOMY

Now that you are autonomous this means.....

“As a professional, you are personally accountable for actions and omissions in your practice and must always be able to justify your decisions”.

and,

“You must always act lawfully, whether those laws relate to your professional practice or personal life.” (NMC , 2008)

Your guide is The Code

Visit nmc-uk.org and download your own copy




Autonomy

As a newly qualified midwife your professional responsibility is to register with the Nursing and Midwifery Council , so the first step is to go to:

<http://www.nmc-uk.org/Registration/->

To complete your application form and make your online payment of £100 after which (2-10 working days) you will receive your statement of entry

Once your registration is complete your name will appear on the register (like to check it out? go to <http://www.nmc-uk.org/Search-the-register/>)- 

Word of warning!! You need to apply within 5 years of completing your course otherwise you will not be able to register!

TASK:

And when your name is on the register you can submit your 'Intention to Practice' (ITP) form to your Supervisor of Midwives

1. Identify the Supervisors of Midwives in each LSA where you intend to practise
2. Identify your NAMED Supervisor of Midwives
3. Complete your ITP
4. Take it to your SOM **BEFORE** you commence practising as a midwife and **each year subsequently**

Knowledge

- Becoming a newly qualified midwife can be daunting, but
 - think back to how much you knew about midwifery at the beginning of your course, and
 - reflect on the width and depth of knowledge you now have.
- And from now , and for the rest of your working life, you will always be keeping your knowledge and skills up to date with ongoing learning (NMC, 2011).

This is to

- Ensure safe and effective care for those in your care
- Maintain your fitness to practise and your competence

Knowledge

Maintaining your professional knowledge and skills

TASK:

1. Follow the link to nmc-uk.org and find the PREP handbook and download
2. Identify how you will meet the PREP standards within the next 3 years



Supervision of Midwifery

..is designed to help you develop your practice to ensure safe practice and protect the public

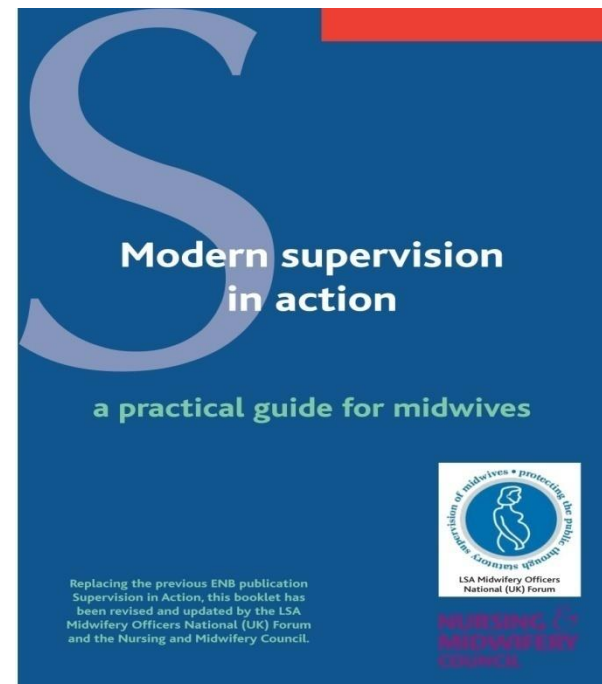
So we encourage you to engage meaningfully with Supervision of Midwifery right from the start of your career

And here are a few suggestions to get you started.....

Modern Supervision in Action

Follow the link to a booklet that explains Supervision of Midwifery

<http://www.nmc-uk.org/Documents/Midwifery-booklets/NMC-LSAMO-Forum-Modern-supervision-in-action.pdf>



To make the most of Supervision

Requires

- Mutual respect
- You both to value confidentiality
- It works best when both midwife and SOM contribute
- It will help you in the face of change
- Meeting regularly with your SOM

So, for your first meeting... Read the article
Beale V (2001). How to...make the most of your supervisory
annual review. *MIDIRS Midwifery Digest* 11(4):576

And go prepared:

SOM contact details are:

Name:

Tel:

E-mail:

Facebook/Twitter:

LSAMO contact details are:

Name:

Tel:

E-mail:

Facebook/Twitter:

To get the most, go prepared....

1. Think about what it **now** means to work autonomously
2. Think about discussing your new place of employment and the new demands
3. Think about what sources of support you know about.
4. What do you think the challenges are going to be in the next 3 months and 6 months?- have you any idea how you could meet these challenges?
5. How will you contact your SOM- in hours/ out- of hours?

To get the most, go prepared....

6. Who else is an SOM in this area?
7. Do you have a copy of NMC documents?
8. Discuss how you can make the best from SOM-
when might you need the guidance and support of
your Supervisor of Midwives?
9. Prepare any questions you might have

TASK:

- Identify regular points over the next year when you and your SOM will plan to meet and follow your progress
- Identify your learning needs for the first 3 months and 6 months
- Keep a short record of learning
- Discuss how to maintain your PREP standards

Ongoing learning..

Take some time to visit the NIPEC website

<http://www.nipec.hscni.net/supervisionofmidwives/>

And read:

1. SOM annual review toolkit
2. Controlled drug audit forms and
3. Maternity hand held audit forms
4. NIPEC Online development framework-and follow some of the links to other relevant websites that could be useful to you in the future

In 3 years time, in order to maintain your registration you will have to :

- Complete and submit your Notification of practice to the NMC
- Pay your fees each year

<http://www.nmc-uk.org/Registration/Staying-on-the-register/Paying-your-fees/>

- In an emergency situation if you practice in another LSA, you may submit your ITP within 48 hours of practising
- In 3 years time....you could be eligible to become a Supervisor of Midwives 😊

Ready, steady, go..



Go...